

Island Express (PT)/16526 - Exp - SWR

SBC/KSR Bengaluru City Junction (Bangalore) to ERN/Ernakulam Town (North)

11h 30m - 622 km - 20 halts - Departs Daily

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|-----------|------------|--|--------------|------------|--------------|------------|------|----|-----|-----|-----|-----|------|
| 1 | SBC | KSR Bengaluru City Junction (Bangalore) | | | 20:00 | +3 | | 2 | 1 | 0 | 25 | 906 | SWR |
| 2 | BNC | Bengaluru Cantt. (Bangalore) | 20:10 | +9 | 20:12 | +9 | 2m | 2 | 1 | 4 | 57 | 928 | SWR |
| 3 | KJM | Krishnarajapuram | 20:22 | +20 | 20:24 | +20 | 2m | 2 | 1 | 14 | 51 | 907 | SWR |
| 4 | WFD | Whitefield | 20:35 | +21 | 20:36 | +24 | 1m | 2 | 1 | 23 | 70 | 874 | SWR |
| 5 | MLO | Malur | 20:53 | +26 | 20:54 | +26 | 1m | 2 | 1 | 43 | 56 | 909 | SWR |
| 6 | BWT | Bangarapet Junction | 21:23 | +25 | 21:25 | +25 | 2m | 4 | 1 | 70 | 85 | 813 | SWR |
| 7 | KPN | Kuppam | 21:49 | +27 | 21:50 | +28 | 1m | 2 | 1 | 104 | 37 | 688 | SWR |
| 8 | TPT | Tirupattur | 22:58 | +16 | 23:00 | +19 | 2m | 0 | 1 | 146 | 83 | 394 | SR |
| 9 | SA | Salem Junction | 00:22 | +23 | 00:25 | +24 | 3m | 0 | 2 | 259 | 59 | 282 | SR |
| 10 | ED | Erode Junction | 01:26 | +25 | 01:30 | +27 | 4m | 2 | 2 | 319 | 70 | 174 | SR |
| 11 | TUP | Tiruppur | 02:13 | +30 | 02:15 | +29 | 2m | 1 | 2 | 369 | 53 | 306 | SR |
| 12 | CBE | Coimbatore Main Junction | 03:12 | +17 | 03:15 | +18 | 3m | 1 | 2 | 419 | 51 | 417 | SR |
| 13 | PGT | Palakkad Junction (Palghat) | 04:20 | +24 | 04:30 | +24 | 10m | 3 | 2 | 475 | 78 | 80 | SR |
| 14 | OTP | Ottappalam | 04:54 | +29 | 04:55 | +30 | 1m | 2 | 2 | 506 | 48 | 33 | SR |
| 15 | WKI | Wadakkanchery | 05:29 | +29 | 05:30 | +29 | 1m | 1 | 2 | 534 | 59 | 41 | SR |
| 16 | TCR | Thrissur (Trichur) | 05:47 | +34 | 05:50 | +34 | 3m | 1 | 2 | 551 | 58 | 3 | SR |
| 17 | PUK | Pudukkad | 06:04 | +38 | 06:05 | +38 | 1m | 0 | 2 | 564 | 61 | 13 | SR |
| 18 | IJK | Irinjalakkuda | 06:15 | +41 | 06:16 | +41 | 1m | 0 | 2 | 574 | 55 | 19 | SR |
| 19 | CKI | Chalakkudy | 06:23 | +41 | 06:24 | +42 | 1m | 1 | 2 | 581 | 61 | 10 | SR |
| 20 | AFK | Angamaly for Kalady | 06:39 | +47 | 06:40 | +47 | 1m | 0 | 2 | 596 | 69 | 17 | SR |
| 21 | AWY | Aluva (Alwaye) | 06:48 | +53 | 06:50 | +53 | 2m | 1 | 2 | 605 | 25 | 15 | SR |
| 22 | ERN | Ernakulam Town (North) | 07:30 | +38 | 07:35 | +40 | 5m | 2 | 2 | 622 | 35 | 9 | SR |
| 23 | TRTR | Thrippunithura | 07:52 | +44 | 07:53 | +45 | 1m | 2 | 2 | 632 | 57 | 5 | SR |
| 24 | PVRD | Piravom Road | 08:13 | +46 | 08:14 | +47 | 1m | 2 | 2 | 651 | 39 | 16 | SR |
| 25 | KTYM | Kottayam | 09:02 | +50 | 09:05 | +53 | 3m | 2 | 2 | 682 | 46 | 18 | SR |
| 26 | CGY | Changanassery | 09:28 | +59 | 09:29 | +59 | 1m | 3 | 2 | 700 | 59 | 8 | SR |
| 27 | TRVL | Tiruvalla | 09:37 | +1:03 | 09:38 | +1:04 | 1m | 3 | 2 | 708 | 54 | 22 | SR |
| 28 | CNGR | Chengannur | 09:48 | +1:04 | 09:49 | +1:05 | 1m | 1 | 2 | 717 | 84 | 13 | SR |
| 29 | MVLK | Mavelikara | 09:58 | +1:11 | 09:59 | +1:12 | 1m | 3 | 2 | 729 | 51 | | SR |
| 30 | KYJ | Kayamkulam Junction | 10:08 | +1:12 | 10:10 | +1:12 | 2m | 3 | 2 | 737 | 51 | | SR |
| 31 | KPY | Karunagappalli | 10:26 | +1:09 | 10:27 | +1:09 | 1m | 1 | 2 | 751 | 52 | 13 | SR |
| 32 | STKT | Sasthamkotta | 10:36 | +1:14 | 10:37 | +1:14 | 1m | 2 | 2 | 758 | 65 | 21 | SR |
| 33 | QLN | Kollam Junction (Quilon) | 10:55 | +1:19 | 11:00 | +1:18 | 5m | 2 | 2 | 778 | 53 | 16 | SR |
| 34 | PVU | Paravur | 11:14 | +1:19 | 11:15 | +1:19 | 1m | 2 | 2 | 790 | 75 | 18 | SR |
| 35 | VAK | Varkala Sivagiri | 11:24 | +1:22 | 11:25 | +1:22 | 1m | 2 | 2 | 802 | 61 | 57 | SR |
| 36 | KVU | Kadakavur | 11:34 | +1:25 | 11:35 | +1:25 | 1m | 0 | 2 | 811 | 46 | 16 | SR |
| 37 | CRY | Chirayinkeezhu | 11:39 | | 11:40 | | 1m | 0 | 2 | 814 | 49 | 19 | SR |
| 38 | KZK | Kazhakkuttam | 11:59 | +1:22 | 12:00 | +1:22 | 1m | 0 | 2 | 829 | 66 | 13 | SR |
| 39 | TVP | Thiruvananthapuram Pettah | 12:10 | +1:13 | 12:11 | +1:13 | 1m | 0 | 2 | 840 | 5 | 20 | SR |
| 40 | TVC | Thiruvananthapuram Central (Trivandrum) | 12:40 | +1:03 | 12:45 | +1:04 | 5m | 1 | 2 | 843 | 54 | 13 | SR |
| 41 | NYN | Neyyattinkara | 13:04 | +1:09 | 13:05 | +1:09 | 1m | 0 | 2 | 860 | 91 | 25 | SR |
| 42 | DAVM | Dhanuvachapuram | 13:09 | +0 | 13:10 | +0 | 1m | 0 | 2 | 866 | 38 | 48 | SR |
| 43 | PASA | Parassala | 13:20 | +1:10 | 13:21 | +1:10 | 1m | 1 | 2 | 872 | 81 | 52 | SR |
| 44 | KZTW | Kuzhithurai West | 13:25 | | 13:26 | | 1m | 1 | 2 | 878 | 19 | 37 | SR |
| 45 | KZT | Kulitturai | 13:35 | +1:08 | 13:36 | +1:10 | 1m | 0 | 2 | 881 | 47 | 23 | SR |
| 46 | PYD | Pallyadi | 13:44 | +18 | 13:45 | +18 | 1m | 1 | 2 | 887 | 37 | 46 | SR |

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|----|------|--------------------|---------|-------|-------------|-------|------|----|-----|-----|-----|-----|------|
| 47 | ERL | Eraniel | 13:59 | +1:07 | 14:00 | +1:11 | 1m | 0 | 2 | 895 | 31 | 51 | SR |
| 48 | NCJ | Nagercoil Junction | 14:35 | +57 | 14:55 | +43 | 20m | 3 | 2 | 914 | 37 | 16 | SR |
| 49 | CAPE | Kanniyakumari | 15:20 | +37 | | | | 2 | 2 | 929 | - | 36 | SR |