

**Ganga Gomti Express/14216 - Exp - NR**  
**LKO/Lucknow Charbagh NR to PRG/Prayag Junction**  
**4h 6m - 194 km - 8 halts - Departs Daily**

#	Code	Station Name	Arrives	Avg	Depart s	Avg	Halt	PF	Day	Km	Spd	Elv	Zone
<b>1</b>	<b>LKO</b>	<b>Lucknow Charbagh NR</b>			<b>18:00</b>	<b>+0</b>		8	1	0	59	124	NR
2	BCN	Bachhrawan	18:48	+22	18:50	+22	2m	1,2	1	47	61	124	NR
3	RBL	Rae Bareli Junction	19:20	+29	19:22	+30	2m	1,2, 3	1	78	62	116	NR
4	LMN	Lachhmanpur	19:42	+37	19:44	+42	2m	1	1	99	69	120	NR
5	UCR	Unchahar Junction	19:59	+42	20:01	+42	2m	1,2	1	116	55	116	NR
6	PQN	Pariawan Kalakankar Road	20:13	+42	20:15	+41	2m	2	1	127	61	114	NR
7	GRMR	Garhi Manikpur	20:22	+40	20:23	+41	1m		1	134	88	113	NR
8	KHNM	Kunda Harnamganj	20:31	+41	20:33	+41	2m	1	1	146	36	110	NR
9	PFM	Phaphamau Junction	21:43	+5	21:45	+7	2m	2	1	188	18	99	NR
<b>10</b>	<b>PRG</b>	<b>Prayag Junction</b>	<b>22:06</b>	<b>+0</b>	<b>22:08</b>	<b>+3</b>	2m	1	1	194	23	96	NR
11	ALD	Allahabad Junction	22:25	+10				10	1	201	-	100	NCR