

Howrah - Amritsar Mail (PT)/13005 - Exp - ER
UMB/Ambala Cantt. Junction to JRC/Jalandhar Cantt. Junction
3h 22m - 166 km - 5 halts - Departs Daily

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|----|------|---|---------|-----|-------------|-----|------|-------|-----|------|-----|-----|------|
| 1 | HWH | Howrah Junction | | | 19:15 | | | 9 | 1 | 0 | 56 | 12 | ER |
| 2 | BWN | Barddhaman Junction | 20:17 | | 20:22 | | 5m | 1 | 1 | 94 | 77 | 36 | ER |
| 3 | DGR | Durgapur | 21:12 | | 21:14 | | 2m | 3 | 1 | 158 | 90 | 73 | ER |
| 4 | RNG | RaniGanj | 21:30 | | 21:32 | | 2m | 2 | 1 | 182 | 58 | 100 | ER |
| 5 | ASN | Asansol Junction | 21:51 | | 21:56 | | 5m | 4 | 1 | 200 | 66 | 106 | ER |
| 6 | CRJ | Chittaranjan | 22:19 | | 22:21 | | 2m | 3 | 1 | 226 | 87 | 178 | ER |
| 7 | MDP | Madhupur Junction | 23:00 | | 23:04 | | 4m | 1 | 1 | 282 | 70 | 248 | ER |
| 8 | JSME | Jasidih Junction | 23:29 | | 23:33 | | 4m | 2 | 1 | 311 | 34 | 260 | ER |
| 9 | JAJ | Jhajha | 00:50 | | 00:55 | | 5m | 3 | 2 | 355 | 92 | 138 | ECR |
| 10 | KIUL | Kiul Junction | 01:30 | | 01:35 | | 5m | 3 | 2 | 408 | 82 | 153 | ECR |
| 11 | MKA | Mokama | 02:00 | | 02:04 | | 4m | 3 | 2 | 443 | 91 | 144 | ECR |
| 12 | BKP | Bakhtiyarpur Junction | 02:33 | | 02:35 | | 2m | 2 | 2 | 486 | 85 | | ECR |
| 13 | PNC | Patna Saheb | 03:00 | | 03:05 | | 5m | 2 | 2 | 522 | 17 | 58 | ECR |
| 14 | PNBE | Patna Junction | 03:40 | | 03:50 | | 10m | 6,7 | 2 | 532 | 45 | 57 | ECR |
| 15 | DNR | Danapur | 04:03 | | 04:05 | | 2m | 3 | 2 | 542 | 87 | 54 | ECR |
| 16 | ARA | Ara Junction | 04:32 | | 04:37 | | 5m | 2 | 2 | 581 | 116 | 59 | ECR |
| 17 | DURE | Dumraon | 05:04 | | 05:06 | | 2m | 2 | 2 | 633 | 49 | 71 | ECR |
| 18 | BXR | Buxar | 05:26 | | 05:30 | | 4m | 2 | 2 | 649 | 94 | 68 | ECR |
| 19 | GMR | Gahmar | 05:43 | | 05:45 | | 2m | 2 | 2 | 670 | 47 | 69 | ECR |
| 20 | DLN | Dildarnagar Junction | 06:05 | | 06:07 | | 2m | 3 | 2 | 685 | 90 | 225 | ECR |
| 21 | ZNA | Zamania | 06:16 | | 06:18 | | 2m | 2 | 2 | 699 | 25 | 234 | ECR |
| 22 | DDU | Pt. DD Upadhyaya Junction (Mughalsarai) | 08:05 | | 08:15 | | 10m | 4,3 | 2 | 743 | 19 | 79 | ECR |
| 23 | KEI | Kashi | 08:59 | | 09:00 | | 1m | 2,1 | 2 | 756 | 22 | 83 | NR |
| 24 | BSB | Varanasi Junction | 09:15 | | 09:25 | | 10m | 5,8,9 | 2 | 761 | 70 | 77 | NR |
| 25 | BOY | Bhadohi | 10:03 | | 10:05 | | 2m | 2 | 2 | 806 | 65 | 89 | NR |
| 26 | JNH | Janghai Junction | 10:33 | | 10:35 | | 2m | 1 | 2 | 836 | 50 | | NR |
| 27 | BSE | Badshahpur | 10:55 | | 10:56 | | 1m | 2 | 2 | 853 | 75 | 98 | NR |
| 28 | MBDP | MBDD Pratapgarh Junction | 11:25 | | 11:30 | | 5m | 1 | 2 | 889 | 55 | 97 | NR |
| 29 | AME | Amethi | 12:08 | | 12:10 | | 2m | 2 | 2 | 924 | 57 | 100 | NR |
| 30 | GNG | GauriGanj | 12:24 | | 12:25 | | 1m | 1 | 2 | 938 | 60 | 106 | NR |
| 31 | GUGD | GGD Jais | 12:43 | | 12:45 | | 2m | 2 | 2 | 956 | 58 | 116 | NR |
| 32 | RBL | Rae Bareli Junction | 13:15 | | 13:20 | | 5m | 1 | 2 | 984 | 65 | 112 | NR |
| 33 | BCN | Bachhrawan | 13:48 | | 13:50 | | 2m | 2 | 2 | 1015 | 27 | 124 | NR |
| 34 | LKO | Lucknow Charbagh NR | 15:35 | | 15:45 | | 10m | 4 | 2 | 1062 | 48 | 124 | NR |
| 35 | BLM | Balamau Junction | 17:10 | | 17:12 | | 2m | 2 | 2 | 1131 | 74 | 136 | NR |
| 36 | HRI | Hardoi | 17:39 | | 17:41 | | 2m | 1 | 2 | 1164 | 49 | 141 | NR |
| 37 | SPN | Shahjahanpur Junction | 18:58 | | 19:00 | | 2m | 3 | 2 | 1227 | 67 | 155 | NR |
| 38 | BE | Bareilly Junction | 20:03 | | 20:05 | | 2m | 2 | 2 | 1297 | 71 | | NR |
| 39 | RMU | Rampur Junction | 20:58 | | 21:00 | | 2m | 3 | 2 | 1360 | 31 | 191 | NR |
| 40 | MB | Moradabad Junction | 21:52 | | 22:00 | | 8m | 2 | 2 | 1387 | 72 | 193 | NR |
| 41 | DPR | Dhampur | 22:50 | | 22:52 | | 2m | 2 | 2 | 1447 | 63 | 236 | NR |
| 42 | NGG | Nagina | 23:08 | | 23:10 | | 2m | 3 | 2 | 1464 | 67 | | NR |
| 43 | NBD | Najibabad Junction | 23:30 | | 23:32 | | 2m | 2 | 2 | 1486 | 61 | | NR |
| 44 | LRJ | Laksar Junction | 00:13 | | 00:15 | | 2m | 3 | 3 | 1528 | 51 | 257 | NR |
| 45 | RK | Roorkee | 00:36 | | 00:38 | | 2m | 3 | 3 | 1546 | 37 | 269 | NR |
| 46 | SRE | Saharanpur Junction | 01:35 | | 01:45 | | 10m | 5 | 3 | 1581 | 70 | 275 | NR |
| 47 | YJUD | Yamunanagar-Jagadhri | 02:11 | | 02:13 | | 2m | 3 | 3 | 1611 | 53 | 274 | NR |
| 48 | UMB | Ambala Cantt. Junction | 03:10 | | 03:20 | | 10m | 2 | 3 | 1662 | 84 | 273 | NR |
| 49 | RPJ | Rajpura Junction | 03:40 | | 03:42 | | 2m | 1 | 3 | 1690 | 73 | 269 | NR |

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|-----------|------------|--------------------------------------|--------------|-----|--------------|-----|------|----|-----|------|-----|-----|------|
| 50 | SIR | Sirhind Junction | 04:03 | | 04:05 | | 2m | 1 | 3 | 1715 | 40 | 267 | NR |
| 51 | LDH | Ludhiana Junction | 05:35 | | 05:45 | | 10m | 3 | 3 | 1775 | 58 | 257 | NR |
| 52 | PHR | Phillaur Junction | 05:59 | | 06:01 | | 2m | 2 | 3 | 1789 | 61 | 241 | NR |
| 53 | PGW | Phagwara Junction | 06:23 | | 06:25 | | 2m | 2 | 3 | 1811 | 58 | | NR |
| 54 | JRC | Jalandhar Cantt. Junction | 06:42 | | 06:44 | | 2m | 1 | 3 | 1828 | 17 | 236 | NR |
| 55 | JUC | Jalandhar City Junction | 07:00 | | 07:05 | | 5m | 1 | 3 | 1832 | 47 | 237 | NR |
| 56 | KRE | Kartarpur | 07:24 | | 07:25 | | 1m | 2 | 3 | 1847 | 71 | 235 | NR |
| 57 | BEAS | Beas Junction | 07:43 | | 07:45 | | 2m | 1 | 3 | 1869 | 46 | 233 | NR |
| 58 | ASR | Amritsar Junction | 08:40 | | | | | 3 | 3 | 1911 | - | 230 | NR |