

Thiruvananthapuram Central - MGR Chennai Central SUPER AC Express/22208 - Raj - SR
PGT/Palakkad Junction (Palghat) to CBE/Coimbatore Junction

1h 22m - 56 km - 0 halts - Departs Mon,Thu

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|----------|------------|---|--------------|-----|--------------|-----|------|-----|-----|-----|-----|-----|------|
| 1 | TVC | Thiruvananthapuram Central (Trivandrum) | | | 19:15 | | | 4 | 1 | 0 | 69 | 7 | SR |
| 2 | QLN | Kollam Junction (Quilon) | 20:11 | | 20:13 | | 2m | 2 | 1 | 65 | 63 | 11 | SR |
| 3 | ALLP | Alappuzha (Alleppey) | 21:33 | | 21:35 | | 2m | 1 | 1 | 149 | 62 | 3 | SR |
| 4 | ERS | Ernakulam Junction (South) | 22:30 | | 22:35 | | 5m | 2 | 1 | 206 | 61 | 1 | SR |
| 5 | TCR | Thrissur (Trichur) | 23:48 | | 23:50 | | 2m | 2 | 1 | 280 | 52 | 3 | SR |
| 6 | PGT | Palakkad Junction (Palghat) | 01:17 | | 01:20 | | 3m | 4 | 2 | 355 | 41 | | SR |
| 7 | CBE | Coimbatore Junction | 02:42 | | 02:45 | | 3m | 3 | 2 | 411 | 66 | 412 | SR |
| 8 | ED | Erode Junction | 04:17 | | 04:20 | | 3m | 1 | 2 | 512 | 76 | 171 | SR |
| 9 | SA | Salem Junction | 05:07 | | 05:10 | | 3m | 0 | 2 | 572 | 73 | 280 | SR |
| 10 | KPD | Katpadi Junction | 07:58 | | 08:00 | | 2m | 2 | 2 | 777 | 54 | 215 | SR |
| 11 | MAS | MGR Chennai Central | 10:25 | | | | | 6,7 | 2 | 906 | - | 3 | SR |